Water Triggered Shape Memory Materials

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SUMMARY: THE SHAPE MEMORY materials triggered by water display advantage over the thermal induced ones because water triggered can eliminate temperature constrains and avoids fast degradation. Here we reported a new strategy of water induced shape memory, in which the formation and dissolution of poly(ethylene glycol) crystal is utilized for the fixation and recovery of temporary deformation of hydrophilic polymer. This water-induced shape recovery is less sensitive to temperature, of which 95% deformation is fixed in circumstance and over 75% recovery is reached even at 0 °C. The material possesses potential applications in biomedical fields, such as artificial lens and smart suture.

Keywords: Shape memory – Biodegradable – Biomaterials – Poly(ethylene glycol) – Crystal

THE TERM “shape memory effect” refers to the ability of a material to be deformed and fixed into a temporary shape, and to recover its original, permanent shape upon an external stimulus (1). Shape memory polymers have attracted much interest because of their unique properties, and applied tremendously in medical area, such as biodegradable sutures, actuators, catheters and smart stents (2, 3). Shape memory usually is a thermally induced process, although it can be activated by light illumination, electrical current, magnetic, or electromagnetic field (4-6). During the process, the materials are heated directly or indirectly above their glass transition temperature (Tg) or the melting temperature (Tm) in order to recover the original shape. Non-thermally induced shape memory polymers eliminate the temperature constrains and enable the manipulation of the shape recovered under ambient temperature (7, 8).

Herein, we report a novel strategy of water induced shape memory, in which the formation and dissolution of poly(ethylene glycol) (PEG) crystal is utilized for the fixation and recovery of temporary deformation of hydrophilic polymer. This water-induced shape recovery is less sensitive to temperature, of which 95% deformation is fixed in circumstance and over 75% recovery is reached even at 0 °C.

Water-driving - shape recovery at ambient temperature has been described (9), which is dependent on the decrease of Tm, or the dissolution of PEG segment. However, the recovery rate of these materials also depends on temperature, 70% shape recovery requiring at least 30 °C or even higher temperatures. For some hydrophilic polymers, the samples behave like crystalline materials without water, in which a linear stress-strain relation can be found prior to yielding (10). While with the uptake of water, the behavior of these materials will change to rubbers. Based on this transition, we developed one kind of water induced shape memory materials. This kind of material contains hydrophobic poly(ε-caprolactone) (PCL) or poly(L- lactide) (PLA) segment and PEG segment. PLA or PCL segments bestow the materials the biodegradable properties in physiological conditions. PEG segments are prone to forming crystals in dried materials (Fig. 1A). However when the materials are swollen in water, the PEG crystalline structure is destroyed, and the rubber-like materials are formed (Fig. 1B). These swollen samples can be deformed into different shapes (Fig. 1C). After drying, the PEG crystalline structure restored again, as thus the predetermined shapes are fixed (Fig. 1D). These new shapes are stable for a long time at room temperature, and they can recover their original shapes with the disappearance of PEG crystals when immersed into water.

The ability of polymers to form different predetermined temporary

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shapes and subsequently recover their initial shapes within a wide temperature range by water uptake eliminate the limitation of temperature during the stages of fixation and recovery that enables the materials to be used widely in biomedical fields, such as self-tightening suture, artificial lens, smart stents, and artificial scaffold with complex geometries.

**Conflict of Interests**
None

**List of Abbreviations**

PEG: poly(ethylene glycol); $T_g$: glass transition temperature; $T_m$: melting temperature; PCL: poly(ε-caprolactone); PLA: poly(L-lactide)

**References**