Personal Experienced: An Exploration of Better Life Education Based on Goal Orientation

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Mr. Xingzhi Tao once presented that the life we are experiencing is the education we received. To live a healthy life is to get a healthy education and to live a scientific life is to get a scientific education. The core concept is to experience education personally through life experiences. As mentioned in the Guide that children's learning ability should be improved through personal experience, direct perception, and practical exploration, which shows the importance of personal experience in life education. On the basis of goal-oriented exploration, this article conducted a research on children's personal life and education experiences, which focusing on children's real needs, considering the learners, establishing reasonable expectations of children's development, providing various development opportunities in life. And then support children to experience, perceive, manipulate, express, and perform, so as to promote them to make progress in reflections throughout the practical experience.

Keywords
GoodLife, Life Education, Goal-Oriented, Experiencing Growth, Reflection